



SUNBURY HEIGHTS PRIMARY SCHOOL

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5th February 2015

February

Tuesday 10 th	Swimming Sports – Years 3 to 6
Tuesday 17 th	Rugby Talk – Years 3-6 – 2.15
Tuesday 17 th	Pancake Day-Canteen Orders
Friday 20 th	Athletic Sports – Years 3 to 6
Monday 23 rd	Year 4 leave for camp - DOXA
Wednesday 25 th	Year 4 return from DOXA camp
Wednesday 25 th	Year 5 leave for camp – DOXA
Wednesday 25 th	Prep – Western Water Activity
Thursday 26 th	Twilight Swimming Sports
Friday 27 th	Year 5 return from DOXA camp

March

Monday 9 th	Labour Day – Public Holiday
Friday 13 th	District Athletics
Wednesday 18 th	Curriculum Day – No School
Friday 27 th	Last Day Term 1 – 2.30pm dismissal

Payments

Payments can be made directly into the school's bank account? Transferring \$5.00 weekly/fortnightly into your account (layby system) really adds up over the year and when payment is required this money is credited off the charge.
If you have questions or concerns regarding paying for school activities please see Kaye or Kerry Hicks.

NEWS AND INFORMATION

Welcome Back

Students have returned to school happy and ready to learn. A special thank you to all parents for your efforts to send children to school in correct school uniform – they all look fantastic! While students in years three to six started last Friday, teachers in years one and two used this day to meet and learn more about their children. This opportunity to greet the children personally was valuable and we thank parents for supporting the school with this trial.

A special welcome to our Prep students who officially started school today, and also to families who are new to Sunbury Heights. We had over twenty children enrol in the week before school started which kept the office ladies very busy.

Swimming Sports



Our school swimming sports for children in years three to six will be held on Tuesday 10th February. A lot of planning and organisation goes into the sports and we are fortunate to have Miss Leanne Ratkowski to do all of this work. Leanne was back well before school started getting things ready and preparing for this much anticipated annual event.

Parents, grandparents, aunties, uncles are welcome to attend the sports and enjoy both the competitive and novelty events.

The school canteen manageress Jo Miller has also worked hard to ensure a BBQ lunch is available for students and parents who attend the swimming sports. Sausages \$1.00, drinks \$2.00, small snacks 50 cents. Students are not allowed to purchase any foods from the Aquatic Centre canteen on the day. If anyone is able to help Jo and her small team of helpers sell food or cook the BBQ please make yourself known to Jo prior to the Swimming Carnival or on the day.

Bully Stoppers: Being Cool Online

Students achieve their best at school in safe and supportive environments, where they are free from bullying and disruptive behaviour. We put a big emphasis on making sure we provide a great environment for our students – one that promotes tolerance and is inclusive, harmonious and free from bullying.

We can work towards this goal through education in the classroom, intervention in the playground and a focus on promoting positive behaviour. However, with the rise of social media, bullying now occurs online, as well as in person.

Cyberbullying is just as harmful as face-to-face bullying, and online actions can have real life consequences.

Cyberbullying is an increasing issue in the wider community – and the best way to tackle it is for schools, students and parents to work in partnership.

Sunbury Heights Primary School is supporting the Victorian Government's Bully Stoppers campaign – which has just launched a new series of tools and resources for parents and students to support students in preventing cyberbullying and how to practice Netiquette. Available from 10 February, students in years 3 – 12 are encouraged to participate in an online quiz hosted on the Bully Stoppers website, where they will learn more about how to be good net citizens and go into the draw to win an iPad as well as other prizes for our school.

These resources, called Bully Stoppers: Being Cool Online, are available on the Bully Stoppers website, at

www.education.vic.gov.au/bullystoppers - visit the site to find out more.

Student Leadership

At Sunbury Heights we endeavour to provide interested students with leadership positions to develop their confidence and organisational skills, as well as to promote responsibility, resilience and persistence. We have a variety of leadership positions available including; flag monitors, sign writers and XO technicians, as well as the more traditional roles of School and House Captains.

In addition to the roles for students in year six, students in each classroom from year three to six can apply to be the Class Captain for a semester. Each class has two captains (generally, but not always, a girl and a boy).

Our School Captains and other year six student leaders will receive their badges officially on Monday 16th February during assembly in the afternoon.

Uniform

This week, the students have all looked wonderful in their uniforms. We expect children to be in correct uniform each day as this promotes a feeling of unity and pride, as well as developing responsibility. From the appearance of children this year, it is clear all parents are well aware of the uniform requirements. Just as a reminder though, and to support parents when children push the boundaries please remember –

- shorts and track pants should be plain navy blue (no stripes, badges or logos)
- a navy, broad brimmed hat is required in terms 1 and 4
- stud earrings or small sleepers worn in the ears (only), plus watches are the only acceptable jewellery
- hair accessories must be in the school colors (red, white or navy blue)
- extreme hair colors (eg. green, pink or purple) and/or extreme hair styles (eg. Mohawks or shaved designs) are not permitted
- other than clear nail polish, cosmetics are not to be worn by students
- sport shoes must be worn on days children are involved in PE or sport
- children are able to wear sunglasses outside at school



Visitor's Pass

If you are staying in the school for a period of time, we ask that you all into the office to sign in and collect a 'Visitor's Badge'. This enables us to know who is in the school in case we need to put our Emergency Management Plan into action.

Questions / Concerns

We expect that parents will often have questions or concerns regarding their children and encourage you to be involved in your child's education. A positive relationship between home and school has been proven to result in children achieving higher results. The first person to see if you have any issues is your child's classroom teacher as they are in the best position to support your child. It is often best to let the teacher know your concern when you make an appointment to see them. This allows the teacher time to collect information and resources which may assist when discussing your concern.



Office Hours

The school office is open from 8am to 4.30pm Monday to Friday.

Return of Notes / Payment for Activities

Organising school activities involves a lot of paperwork to ensure the safety of all children during the event. For some activities payments need to be made in advance for transport or presentations. It is, therefore, extremely important that permission notes are returned on or before due dates. Please support your child's participation in events and avoid disappointment by returning the notes promptly.

We understand that sometimes circumstances make it difficult for parents to make payments for school events. If you are ever in a situation where paying for an activity is difficult, please see Kaye Mills or Kerry Hicks. We would like all children to be able to participate in the educational opportunities provided and can often help you out with a payment plan. A number of parents now make small, regular payments to the school which covers the cost of excursions and activities throughout the year. If you would like to set up a payment system, please see Kerry Hicks in the office.



Break Times

Recess is from 11.00am to 11.30am. It is nearly two hours later before children get to eat their lunch, usually around 1.15pm. Keeping children focussed for these lengthy classroom sessions requires a healthy diet and regular eating patterns.

Try to get your children ready for learning with a substantial breakfast. If your child doesn't like the traditional breakfast foods at this time, leftovers from the previous night are often a good option. Breakfast should contain protein (milk, eggs, cheese) as this will keep your child energised for longer.

Students are encouraged to bring along something to eat during the morning session. We tend to call this 'fruit break' and in most classes children will be encourage to eat their fruit at about 10.00am. Generally, children continue to work during this time so it is important that the fruit can be eaten easily without mess. For younger children, fruit cut into small pieces in a bag or container is perfect. Older children might be able to eat a whole apple or banana. Oranges require peeling and are very messy – please think carefully about the fruit you supply.

It is important too that children have a substantial snack (or mini-meal) at recess. Filling up on sugary foods, at this time, results in children feeling tired and lethargic during the next learning session. A sandwich at this time of the day is perfect and can be followed by a small treat to make a great morning tea which will sustain your child until lunch time.

Personal Property Brought to School

Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys and sporting equipment. The Department of Education and Early Childhood Development does not hold insurance for such items and does not pay for any loss or damage. If your child brings a mobile phone to school they are required to give it to the classroom teacher at the start of the day, understanding that the teacher can not be held responsible for any loss or damage.

Bikes and Scooters

It is always great to see children being physically active; however like you, we are conscious of safety. We do not encourage children under grade 4 to ride bikes or scooters to school without adult supervision as their sight and hearing are not fully developed at this age. If children do ride or scoot to school they must wear a helmet. If a helmet is not worn, the bike or scooter will be 'minded' at school and parents contacted. Clearly, inside the school grounds is not a safe place to scoot or ride. We ask that students walk once they reach the school gate. Finally, it is a good idea to have your child lock their bike to the bike racks – make sure they remember the combination though!



Attendance and Punctuality

EVERY
DAY
COUNTS

Every day at school is important. Teachers plan thoroughly to cater for all children and lessons are sequential – if children miss out they can be left behind. When children are away they miss out on learning and social interaction. This often makes it harder to come back to school. Please make appointments outside of school hours when possible and aim to have your child at school EVERY DAY!

Every
Minute
Counts

Not only is every day important – every minute counts. Teachers aim to get started right on time and like to use every minute for learning. Children who are late miss out on learning and disrupt the learning of others. Please make arrangements for your child to be at school ON TIME EVERY DAY

Making brains 3/4d

This week we made a brain out of sand, mash potato and warm water. First we got some sand, then we added a packet of mash potato and last but not least warm water. We mixed it all together so it felt like a brain. It felt as easy to squeeze as a cotton ball.

By Violet

Here are some facts about your brain

Your brain is connected to your eyes. Your brain helps you learn. Your brain helps you do **EVERYTHING!**

By Matthew

Here are some questions Jaxson and William have asked:

Is a heart more important than a brain? (Jaxson)

How many parts of the brain are there? (William)

It took one hour to find these answers and we are still arguing if they are right or not.



PUPIL OF THE WEEK

Watch this space

Welcome back to School Banking for 2015.

TUESDAY is our Banking Day.

Please ensure all yellow wallets are handed into your child's teacher first thing in the morning to ensure their deposit is processed.

All money should be securely enclosed in the Velcro pocket and deposit slips **MUST** be completed.

Save from as little as 5c per week.

Each deposit earns a SILVER TOKEN this should be kept safe at home.....when they collect 10 tokens they can redeem for exciting rewards!

If your child would like to join the program please visit your local Commonwealth Bank with photo ID for yourself and your child's birth certificate – too easy!



School Banking is also a great fundraiser for our school. The school receives \$5 when children make their first deposit at school and a commission on every deposit made through the School Banking program.

HAPPY BIRTHDAY!

To the following students, until the 8th February, 2015

Mia-Rose Bennett, Eboney Bentley, Miley James, Abbey McDonald, Audrey Hutcheon



Sunbury Kangaroos Auskick Clinic

When: 13/04/2015 - 03/08/2015

Where: Boardman Oval 3 Mitchells Lane Sunbury

Cost: \$81.00 for 14 weeks

Register online now: aflauskick.com.au and select **Sunbury Kangaroos**

Enquires: Mark Gifford 0478 321 696 or Kylie Gifford 0448 440 075

Email: mgifford40@bigpond.com

Facebook: www.facebook.com/sunburykangaroosauskick

Rupertswood Football Netball Club

Rupertswood Football Netball Club junior football 2015 registrations are now open. Old players should receive email communication with details, otherwise, visit the club's website.

New players are also welcome, and are also invited to go to rupo.com.au for registration instructions.