

HEIGHTS HEADLINES

Term 4 | Week 2 | 2025

NEWS

2026 Class Arrangements

As we begin planning for our 2026 class structures, families are invited to share any information they feel is important for consideration when placing their child for next year. If you wish to provide input, please submit your request in writing to the Principal by Friday 24 October via email at:

sunbury.heights.ps@education.vic.g ov.au

While we cannot always accommodate every request, please be assured that we carefully consider a wide range of factors to ensure the best possible learning environment for all students. We understand that transitions can bring a mix of excitement and nerves, but moving into a new class each year is a normal and valuable part of school life. It provides opportunities for students to build resilience, develop new friendships, and grow their confidence. If you are thinking about making a request, please take into consideration that younger children often have changing friendship groups. What feels important now may shift over the holidays, and our aim is to help all students adjust and thrive in their new environment. Our goal is always to create balanced, supportive classes where every child can learn, feel included, and reach their full potential.



NEWS

Vote Now – 2025 Yearbook Cover

Thank you to all our wonderful students who submitted entries for this year's Yearbook Cover Competition. We were blown away by the creativity, colour, and effort that went into every design — it certainly wasn't easy to narrow it down! On Tuesday, the Yearbook Team met to review all of the fantastic entries and, after much discussion, selected five finalists. Now, it's over to our school community to have their say! We're giving families the chance to vote for their favourite design, and the entry with the most votes will feature on the front cover of our 2025 Yearbook. The runner-up will have their artwork proudly displayed on the back cover. Cast your vote here:

https://forms.gle/qiFrNZ2zHZbWue

Ps6 The winning designs will be announced at a future assembly. We can't wait to celebrate the creativity and talent of our students this year!

YEARBOOK

REMINDERS

SHPS Colour Run

We're excited for our Colour Run, happening next month on Friday 7 November. This much-loved event is always a highlight on the school calendar, bringing together fun and a splash of colour for our whole school. We are in Week 2 of the Colour Run Fundraiser and we'd like to say a huge thank you to everyone who has already registered and started raising funds— your support is amazing! There's still plenty of time to sign up and get involved, so if you haven't joined yet, don't miss out on being part of the fun. This week's prize is an exciting on

WE'RE GIVING AWAY SKATEBOARDS!

To go into the draw, all you need to do is register and raise at least \$20 in donations. It's that simple! Register now at

sunburyheightscolourrun.goraiseit.
com.au Every dollar raised will go
directly towards the upgrade of
our school canteen, helping us
improve this space.



DATES FOR YOUR DIARY

OCTOBER

- ❖ 21 School Council
- 23 Volleyball Division Final
- ❖ 24 Parent Input 2026 Closes

<u>NOVEMBER</u>

- ❖ 3 Curriculum Day No School
- ❖ 4 Melbourne Cup No School
- ❖ 7 Colour Run

<u>Bell Times</u> 8:50am Start of School

3:15pm End of School

Term Dates

T4- 2 Oct to 19 Dec

<u> 2026</u>

Years 1 to 6 - 29/01/2025 Foundation - 5/02/2025

Join us every Tuesday, Wednesday & Thursday from 8am for Breakfast Club @ DWH

STUDENT OF THE WEEK 2

	THE ARTS	Aurora D 1/2D	For completing her Bird Nest Collage to a high standard, then helping to clean up the room without being asked to, well done!
	ITALIAN	Zara J 3/4C	For her positive and active engagement during Italian sessions. She is always willing to have a go and is prepared to assist others when needed. Brava.
	PE	5-6 E	For their responsible behaviour during their peers training session.
	STEAM	Luka L 5/6D	For collaborating well with his group to complete the design of their bridge, ready to build it next week. Well done!
	Heights Star of the Week	Hudson B FC	For consistently demonstrating the school values of Respect, Responsibility and Kindness.
	Indigenous Deadly Award	April M 5/6D	For showing great encouragement and support to her teammates during the Cricket Gala.

WHAT WE DO

We support parents and carers across Melbourne and regional Victoria to strengthen children's emotional wellbeing. Our focus is on building secure, supportive relationships that allow children and young people to thrive. · Assessments, therapy, and parenting support · Care that's rooted in DDP and PACE principles · A holistic team across multiple disciplines · Services for children. adolescents, and young adults

WHO WE HELP

Parenting is hard. When a child's sensitivity, distress, or behaviour exceeds typical strategies, families often feel stuck If your child struggles with: • Emotions and big feelings · Friendships and family relationships · School, work, or daily routines We're here to support you and your child together.



Relational Minds

CHILD AND FAMILY MENTAL HEALTH CLINIC

THERAPEUTIC PARENTING SUPPORT Sunbury, Mildura, Bendigo





OUR APPROACH

We work parent-first, helping you become the safe base and confident coach your child needs. Our four stages of support: 1. Connection - building safety and trust 2. Understanding - tailored assessment and planning 3. Growth - skill-building for you and your child 4. Empowerment confidence, resilience, and hope Therapies may include: family therapy, art therapy,

WHY RELATIONAL MINDS We focus on the whole family, not just the child You gain practical skills, tools, and strategies that last We help you feel confident and supported in your parenting role



Bring your kids, we supply the Lego (and tea & coffee)

This drop-in group session is for the builders! And is run by SNH volunteers/ parent volunteers (including yourselves!). Working with mixed Lego, let's encourage social connections, inspire creativity

and most importantly, have fun!

All participants set up & pack up together and all equipment is provided. Caregiver participation is welcomed or just enjoy a cuppa while the kiddos create (caregivers must be present at all times). You're invited to contribute a piece of fruit to our group fruit snack.

Please let us know of any allergies at sign-in on the day Severe allergy? Please phone ahead & let SNH staff know.

Primary School Aged Children & their Parents/Caregivers

Where: Sunbury Neighbourhood House - Activity Room

Cost: Gold Coin Donation is Appreciated

Enrol: Sign in on the day

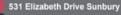
When: Tuesday's 3.30pm - 5pm (except public & school hols)

enquiries@sunburyhouse.com.au 👍

@sunburyneighbourhoodhouse3

sunburyhouse.com.au

9740 6978







Girls Circle

Free Program

Accepting referrals from local Sunbury Primary Schools or Parents.

Thursdays 3:45-5.15pm

Goonawarra Neighbourhood House, 8 Gullane Drive, Sunbury. Contact us on 9740 6627 or admin@goonawarranh.com.au



focusing on issues such as self-esteem, body image, impact of social mediand bullying. Professional and experienced youth workers facilitate the

