



# HEIGHTS HEADLINES

Term 3 | Week 2 | 2025

## NEWS

We've had a number of reports of influenza (the flu) circulating in the local community and within school. Influenza is a contagious respiratory illness caused by influenza viruses, and it can spread quickly, particularly in environments like schools where students are in close contact throughout the day.

Common flu symptoms include:

- Fever or chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some may also experience vomiting or diarrhoea (more common in children than adults)

If your child is displaying any of these symptoms, we kindly ask that you keep them at home. This helps limit the spread of illness to other students, staff, and their families. Even mild symptoms can be contagious and attending school while unwell can lead to a wider spread. Consider speaking to your GP for any concerns.

We understand how challenging it can be to manage illness during the school term, and we appreciate your cooperation in keeping our school community safe and healthy. Please remember to notify the office for all absences via Compass or by calling 9744 3377. Email your medical certificates to [sunbury.heights.ps@education.vic.gov.au](mailto:sunbury.heights.ps@education.vic.gov.au) so we can attach to your child's attendance record. Thank you for your support in helping limit the spread of germs and keeping everyone at Sunbury Heights healthy this winter. Stay warm and well!

## EVENTS

Get ready, young scientists – Science Week is almost here From Monday 11th to Friday 15th August. SHPS will be buzzing with curiosity, experiments, and big ideas as we celebrate all things science. This year's theme is: *"Decoding the Universe – Exploring the Unknown with Nature's Hidden Language"* It's all about discovering the secrets of the universe and unlocking the mysteries of nature that are all around us – just waiting to be explored! Throughout the week, students will take part in engaging STEAM sessions where they'll dive into fascinating science concepts and conduct a fun, hands-on experiment in their classrooms – we can't wait to share the videos and see the excitement on their faces. Science Week is always a highlight on our school calendar – it's a time for wonder, creativity, and a little bit of mess as we learn more about the world (and universe!) around us. Keep your eyes peeled for more information coming soon – this is one week you won't want to miss!

## REMINDERS

We would like to remind families of our school's policy regarding mobile phones, smart watches, and personal electronic devices. In line with DET guidelines and to maintaining a focused and respectful learning environment, students are not permitted to have mobile phones or smart devices on them during school hours. All students are required to sign in their mobile phones and smart watches each morning at the library before the start of classes. Devices are securely stored and returned to students at the end of the school day. Students are not to carry or use their phones/smart watches during school hours, including recess and lunch breaks. We ask for the support of all parents and carers in reinforcing this policy with your child. It helps us ensure classrooms remain distraction-free and supports student wellbeing and engagement. If you need to contact your child during the school day, please phone the school office, where staff will assist you.

## DATES FOR YOUR DIARY

### AUGUST

- ◆ 01 - Foundation 100 Days of School
- ◆ 06 - Year 3-6 Interschool Athletics
- ◆ 11 to 15- Science Week
- ◆ 15 - Robotics
- ◆ 18 - Year 3 -6 Rugby Tag Session  
*Selected Students*
- ◆ 18 to 20 - Year 4 Camp
- ◆ **Please be reminded that the school yard is only supervised from 8:40am each morning and until 3:30pm each afternoon**

### Bell Times

**8:50am Start of School**

10:30am Recess

12:35 pm 1<sup>st</sup> Break

1:55pm 2<sup>nd</sup> Break

**3:15pm Finish**



# STUDENT OF THE WEEK

**TERM 3**

**WEEK 2**

|      |           |                                                                                                                                                         |
|------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| FA   | Ethan W   | For displaying our school values of respect and responsibility. Well done                                                                               |
| FB   | Brona H   | For her excellent work in Maths by breaking numbers into 2 parts using a part part whole model. Fantastic work!                                         |
| FC   | Hudson B  | For excellent effort during learning - particularly during Numeracy as we have been learning Part Part Whole. Well done Hudson!                         |
| FD   | Amaiah V  | For the growth she has shown in her writing in this term. She has shown tremendous growth in her handwriting and her confidence in spelling.            |
| 1/2A | Samuel S  | For being responsible for his break times by having a plan for play with his friends.                                                                   |
| 1/2B | Layla E   | For a positive start back to Term 3, and for making lots of growth in her ability to sound out words! Well done                                         |
| 1/2C | Chanel S  | For a wonderful start to Term 3 and consistently showing respect by using his manners. Keep up the amazing effort Chanel!                               |
| 1/2D | Lucas G   | For showing great listening and participation during learning time.                                                                                     |
| 1/2E | Ahaan F   | For always putting his hand up to be a part of the class's learning.                                                                                    |
| 3/4A | Jesse J   | For always displaying polite manners and giving every learning task and opportunity a good go.                                                          |
| 3/4B | Eli M     | For consistently showing kindness, respect, and empathy towards all of his peers.                                                                       |
| 3/4C | Cooper H  | For his excellent effort in our multiplication and division unit.                                                                                       |
| 3/4D | Cillian M | For contributing to class discussions.                                                                                                                  |
| 3/4E | Eliza J   | By being voted for her natural kindness ability, within the playground, classroom and in everyday life. Your willingness to help others is appreciated. |
| 3/4F | Casey C   | For his improved efforts across all areas of learning. Keep up the effort Casey!                                                                        |
| 5/6A | Brian L   | For showing enthusiasm and commitment to his biography about Mitch Tambo.                                                                               |
| 5/6B | Indii C   | For making a great start on her biography about Mother Teresa. Can't wait to read it!                                                                   |
| 5/6C | Jack M    | For his improved spelling results for this term.                                                                                                        |
| 5/6D | Darcy J   | For his dedication to all learning tasks and contributing many fabulous ideas in whole class instruction. Keep it up Darcy!                             |

# STUDENT OF THE WEEK

**TERM 3**

**WEEK 2**

|          |                 |                                                                                                             |
|----------|-----------------|-------------------------------------------------------------------------------------------------------------|
| THE ARTS | William B<br>FB | For colouring in his 'King of Foundation' self-portrait neatly and using lots of bright colours, well done! |
| PE       | Logan G<br>5/6F | For showing respectful behaviour towards the NRL coach during the Rugby session.                            |
| STEAM    | Lydia W<br>1/2B | For always showing respect and responsibility in STEAM. Well done!                                          |

THE  
UNIVERSITY  
OF  
DECODING



**national  
science  
week 2025**  
9 - 17 AUGUST

*Exploring the unknown with  
nature's hidden language*



AUSTRALIAN  
SCIENCE  
TEACHERS  
ASSOCIATION



An Australian Government Initiative



# KARATE



## AFTER SCHOOL PROGRAM

## SUNBURY HEIGHTS P.S.

### FRIDAY'S

- Kid's class 3:30pm
  - Junior class 4:30pm
  - We operate 6 days a week
  - KID'S - JUNIOR'S - ADULT'S
- SEE WEBSITE FOR TIMETABLE

[www.wellbeingmartialarts.com.au](http://www.wellbeingmartialarts.com.au)

Email - [bree@wellbeingmartialarts.com.au](mailto:bree@wellbeingmartialarts.com.au) or,  
[geoff@wellbeingmartialarts.com.au](mailto:geoff@wellbeingmartialarts.com.au)

Ph - 0419 364 320



VACCA  
Connected by culture

## START YOUR FOSTER CARE JOURNEY TODAY

Have you been thinking about becoming a Foster Carer?  
Are you able to provide Aboriginal children with a positive  
and nurturing family life?  
Are you excited to support a child's cultural  
and emotional needs?

VACCA is seeking carers who are open to a  
journey that is both challenging and rewarding.  
If you've ever considered becoming a foster carer,  
now is the time to start your foster care journey.



Visit our website to find out more: [www.vacca.org](http://www.vacca.org)



[WWW.BLUELIGHT.ORG.AU](http://WWW.BLUELIGHT.ORG.AU)

# SUNBURY BLUE LIGHT

DISCO

FRIDAY  
1ST AUGUST

SPORTS & GAMERS

6.00 - 8.00PM | PRIMARY AGE | \$8 + BOOKING FEE

SUNBURY MEMORIAL HALL STAWELL STREET, SUNBURY

TICKETS ON SALE VIA EVENTBRITE!  
PLENTY OF PRIZES UP FOR GRABS!!

f SUNBURY BLUE LIGHT DISCO

SUNBURYBLUELIGHT

PROUDLY RUN BY LOCAL  
POLICE AND VOLUNTEERS