



SUNBURY HEIGHTS PRIMARY SCHOOL

EVERY CHILD - EVERY OPPORTUNITY - HELPING CHILDREN SHINE

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5th September 2013

Important Dates

SEPTEMBER		OCTOBER	
Fri 6th September	Summer Sports	Mon 7th October	Term 4 School Resumes
Mon 9th September	School Council Meeting – 6.30pm	Mon 14th October	School Council Meeting 6.30pm
Fri 13th & Sat 14th September	Vision Portraits – Friday 13th September from 4:30 pm till 9:00pm Saturday 14th September from 9:00am till 5:00pm	Mon 14th – Friday 18th October	Health and P.E. Week
Fri 20th September	Last Day Term 3 2.30pm dismissal	Monday 21st	Kinder at School
		Mon 21st – Wed 23rd October	Grade 4 Camp
		Wed 23rd	Kinder at School
		Fri 25th	Casual Day – Women's Hospital

NEWS AND INFORMATION

The “Good Chicks,” Hannah and Jamie

Congratulations to Hannah Watkins and Jamie Clanchy from 3/4K for alerting me to the fact that some people were giving our chooks the wrong type of food scraps and that litter was starting to be a problem in the chook pen. The girls put together a very informative power point presentation and explained the issue to the whole student body at last Monday's assembly. Hannah and Jamie who spoke clearly and confidently showed themselves to be good citizens and excellent role models of our school and it is hoped that our other students follow their lead.



Buddies

Our Buddies Program is a very important part of our school program and one that our Grade Six students love to be involved in. The grade six students take this responsibility seriously and the program certainly helps to make the transition to school smoother for our Preps. Each Wednesday afternoon in Terms 1, 2 and 3 the Buddies participate in a program that includes Art, ICT, Music and Dance. This formal program concludes at the end of Term 3. Next term the Grade Six students will be busy preparing for their transition to Secondary School while the Grade Preps will get ready for their transition to Grade 1. On behalf of the Prep teachers and the students, we would like to thank the Grade 6 students for all the care they have shown their Buddy over the last nine months.

Vandalism

On Wednesday morning, we were alerted to the fact that some trespassers had used bolt cutters to break into the containers that are situated near the netball courts. Luckily nothing of significance was stolen this time but it is a timely reminder with the school holidays ahead to ask our neighbours to be neighbourly. Even though there are monitoring devices in place and regular patrols we rely on our school neighbours and friends to report any concerns immediately to the local police or dial 000.

Summer Sports

On Friday some of our senior students will represent Sunbury Heights at the annual Interschool Summer Sports Carnival. The students who will be representing the school will play Basketball, Volleyball or Cricket. They have been practising very hard and their coaches Miss Ratkowski (Volleyball) Mr O'Keefe (Basketball) and Mr Knight (Cricket) have given up many lunchtimes to help them train. If you are available to go along to support your child on the day please feel free to do so. All kids like to see their parents “turn up” to watch them play, to witness their wins and accomplishments and support them through their losses and the disappointments.

Venues for the games are:

Boardman Stadium: Basketball,
Boardman Oval: Cricket
Killara Primary School: Volleyball

Unfortunately the European Handball teams' game has been cancelled due to Boardman Stadium being double booked. Even though they will not play tomorrow their game has been rescheduled for early next term. The team, coached by Mrs Langmaid have been training very hard for the match and naturally will be disappointed. If your child is in the team please reinforce the fact that sometimes things happen in life that we can't avoid but in this case there will be an alternative day scheduled.

Whole School Song

There was such a sense of unity when the students all learnt the same song (Count on Me – Bruno Mars) last term and sung it at assembly, please make sure to come along to the last assembly for this term on Monday 16th September and hear the new song they have all learnt this term.

Congratulations and Best of Luck

On Wednesday 18th September two students from our school Abbey McDonald and Sio Kapeli will be representing Sunbury Heights at the Hume Division Athletics Carnival. Abbey will be competing in the 800m and the 1500m. Sio will be competing in Shot Put. On behalf of Miss Ratkowski and the whole School Community, we wish you the best of luck.

Father's Day Stall

Thank you to all the families who supported the stall and bought raffle tickets on the day. The Father's Day stall raised approximately \$800. There were many prizes to be won in the Father's Day Raffle.

Congratulations to the following prize winners.

Major winners were: Joseph 3/4W, Christian 1/2P, Jake Prep H and Jamie 3/4K

Other winners included: Jacob 5A, Jade Prep D, Blake 5A, Gemma 5A, Wendy (our Crossing Supervisor), Grace 1/2H, Nicola 5/P

Thank you to the following mums who helped on the stall Susan, Krystal, Marissa, Laura, Amanda and Leanne.

Early Dismissal

Please remember that on the last day of Term 3 students will be dismissed from school at 2.30pm. Please make sure that arrangements are in place so that students know the procedure you want them to follow on this day. If your child attends After School Care please note that care will be available from 2.30pm.

Legacy Appeal

Each year our school sells Legacy badges and wrist bands in support of Legacy. Legacy supports the families of deceased and incapacitated veterans. Wristbands are \$3.00, badges range between \$2.00 and \$5.00 and pens are \$5.00. They will be available from Monday for both parents and students to purchase in support of this worthy cause.

News from the Artroom

A group of students from Grades 5 and 6 have created some fantastic artwork as part of the Careworks Community Art Project. I encourage you to visit the display to see our shopfronts, sign, cars and bus representing what you can see on the streets of Sunbury. Other schools have created artwork as well contributing to a magnificent display overall.

Viewing the display is free however you have the opportunity to vote for the artwork you consider the best by making a donation to Careworks. See the instructions on the barrel in the middle of the display for how to vote. The highest scoring school is in the running for one of three prizes. All money raised goes to support Careworks which provides very important services to those in need in our local community.



The display was originally on show until Sunday, however at this point in time, it may have to be dismantled tomorrow morning (Friday). So if you can, please try to visit Sunbury Square tonight or early tomorrow morning to view the display and vote.

Jenny Caddaye
Art Teacher

HAPPY BIRTHDAY!

To the following students, until the 8th September 2013 – Nakita Viane-Aukusitino, Lily Drummond, Corey Greenwood-Davis, Kaitlin Barcellona, Shannen Davison

PUPIL OF THE WEEK

Grade	Student	Reason
Prep H	Erica Allen	For extending her ideas when writing stories
Prep D	Lily Hutcheon	For using great expression in her writing
1/2R	Aljon Banting	For using alliteration in his Snowman poem
1/2P	Christian Ramunno	For great work on IXL
1/2H	Logan Hansen	For appositive start to Sunbury Heights
3/4K	Shannen Davison	For an exquisite attitude to her home learning
5P	Rachael Wilkinson	For putting in a great effort while learning multiplication processes
5A	Zach Kamarinos	For continuing to have a positive approach towards his learning
6L	6L	For an enthusiastic approach to all activities on camp
6O	6O	For an enthusiastic approach to all activities on camp
P.E.	5A	For a great session in P.E.
ART	Logan Hansen	For making a good start in ART, and working hard on his work
SCIENCE Mrs Payton	Violet Bastos	For being an enthusiastic class member
Mrs McIntyre Library Tech	1/2H	Most improved in Library sessions
Mrs Dexter Integration	Joseph Ring Lachlan Gilpin	Congratulations on finishing 100 Reading Lessons... Well Done!

SCHOOL BANKING REMINDER:



SCHOOL BANKING DAY IS TUESDAY

ZUMBA CLASSES

ARE YOU LOOKING TO GET FIT AND HAVE FUN?
SUNBURY HEIGHTS PRIMARY IS OFFERING 1 HOUR ZUMBA CLASSES
... EVERY TUESDAY MORNING...
STARTING FROM 27TH AUGUST
CHILDREN ARE MOST WELCOME TO COME ALONG
BRING A BOTTLE OF WATER, TOWEL AND RUNNERS
COST: \$5.00
WHERE: SUNBURY HEIGHTS GP ROOM
WHEN: EVERY TUESDAY
TIME: 9.30am-10.30am

Family Portraits Fundraiser

DON'T MISS THIS OPPORTUNITY

Vision Portraits are coming to Sunbury Heights Primary on Friday 13th September from 4:30 pm till 9:00pm and Saturday 14th September from 9:00am till 5:00pm
Great opportunity to purchase a family portrait (10x13) for only \$15:00 which goes directly to the school.
There will be other packages available on the day to choose from.
Supporting this fundraiser will enable our XO program to grow and keep running
Provide access points for internet
Purchase power charges and repair kits
Teacher's professional development
Enable all students to participate more fully in the program
Complete a voucher and return to the school with your \$15:00 and details before Friday 6th September.

School-age nutrition and fitness: in a nutshell By Raising Children Network

School-age children need to start the day with a healthy breakfast. It can be as easy as yoghurt and fruit, some healthy cereal or toast. You are your child's eating role model, so it's important to provide healthy meals and snacks at home.

School lunch box ideas

- Try cutting sandwiches into quarters rather than halves so they don't take too long to eat.
- Make sandwiches using wholegrain bread, pita bread, a baguette or rice cakes.
- Use different fillings, like Swiss, cheddar, brie or cottage cheese, curried or mashed egg, or chicken and mayonnaise.
- Try carrot or celery sticks with a dip.
- Include a piece of fruit, perhaps sliced or peeled to make things easier.
- Remember that water is the best thirst quencher.

Keeping kids active

Your school-age child benefits from at least one hour of physical activity each day. Physical activity can be fun things like playing at the park. Your child might be ready for organised sport by eight years of age.

School-age kids should have no more than two hours of screen time a day.

This article is an extract only.

For more information, visit: raisingchildren.net.au/nutrition_fitness/school_age_nutrition.html.

Sourced from the Raising Children Network's comprehensive and quality-assured Australian parenting website, www.raisingchildren.net.au.

SHOPPING TOUR

PLEASE NOTE: CHANGE OF DATE DUE TO FEDERAL ELECTIONS

The next fundraising event will be our school shopping tour. This is a terrific opportunity to get a start on the Christmas shopping while raising much needed funds for our school. At this stage, the money raised by the school community is going towards paying for the replacement shade sails over the playgrounds.

Details - Shopping Tour by Tartan Tours

Saturday 16th November, 2013

7.30am departing school 6pm returning to school

\$70 per person, including lunch

\$35 deposit due by 20th September Final payment by 25th October

Contact – Kylie Gifford (0448 440 075 or kyliejifford@bigpond.com)