



SUNBURY HEIGHTS PRIMARY SCHOOL

Charter Road East
PO Box 243, Sunbury 3429

Telephone: 9744 3377
Facsimile: 9744 5721

Facebook: www.facebook.com/sunburyheightsprimarschool
Website: www.sunburyheightsps.vic.edu.au
Email: sunbury.heights.ps@edumail.vic.gov.au

21st April 2016

April	
Mon 25 th	ANZAC Day Holiday – NO SCHOOL
Tues 26 th	Curriculum Day – NO SCHOOL FOR STUDENTS
Wed 27 th	Scholastic Book Club is due School Banking (instead of Tuesday)
Thurs 28 th	CASUAL CLOTHES DAY
Fri 29 th	G4 ACCA Excursion
May	
Thurs 5 th	School Photos
Fri 6 th	Inter Schools Cross Country
Tues 10 th	2017 Prep Enrolments (School Tour and Info Session, 9.15 – 10.15)
Tues 17 th	2017 Prep Enrolments (School Tour and Info Session, 6.30 – 7.30)
Thurs 26 th	CASUAL CLOTHES DAY
Fri 27 th	Winter Sports Carnival

CURRICULUM DAY
Pupil Free Day!
Tuesday, 26th April, 2016
Enjoy the extra long weekend!

NEWS AND INFORMATION

Pink Stumps Day.....it's what we best! Thank you to all the students, parents and staff of Sunbury Heights who contributed to the day. It was a true reflection of the school values of Caring and Getting Along. Everyone worked together, had a lot of fun and provided much needed financial support for a very worthy cause.



Fantastic photography by Mr d!

The House Cross Country was also held earlier in the morning and it was amazing to see a “sea of pink” dance before my eyes as students completed laps of the course. Congratulations to the winning house Elliott and the following winners and place getters. Along with these students Miss Barnes will now select the rest of her team for the Inter School Cross Country that is going to be held on May 6.



	1 st	2 nd	3 rd
8 – 9 Girls	Alyssa Denman	Zoe Campisi	Emma Quarrell
8 – 9 Boys	Ryan Hazelman	RJay Bartlett	Ryley Bullen
10 Girls	Grace Shaw	Olivia Ballinger	Gracie Livermore
11 Girls	Zoe Ryan	Violet Bastos	Georgia Scibberras
11 Boys	Ashton Hedges	Matty Blay	Ethan Davies
12/13 Girls	Maddison Shaw	Tegan Newell	Bella Bartlett
12/13 Boys	Tyler Bullen	Jackson Olivieri	Arnav Saxena

This Week's Maintenance Work Happenings

- tinting of the GP room windows
- carpet square in the art room has been laid
- painting of boys and girls toilets



A big thank you to Gary Fisher who purchased paint and painted the blackboards in the Community Hub.

ANZAC Day Ceremony

I am hoping to catch up on Friday morning with many families at our school's ANZAC Service which begins at 9.15. In 2015 we commemorated 100 years since the first landing of the ANZACS in Gallipoli. This year we are moving forward to 1966 and we are commemorating and remembering the 50 anniversary of the battle of Long Tan in Vietnam. During the Vietnam War 520 Australians died as a result of the war and almost 2400 were wounded. One of the soldiers who served in Vietnam was Rod Quarrell, Emma Quarrell's grandfather. Sadly Rod passed away last year. I call Rod, our school's founding father. In 1981 Rod was instrumental in making sure that there was a school to the north of Gap Road for all the students who lived there to attend. Rod also bought an honour board for the school so our Junior School Council President's name can be proudly displayed. Stephen, Emma's dad is going to tell us his dad Rod's, experiences in Vietnam. We are very fortunate and proud that we are able to involve other members of our school community in the service. Two of our grandparents Titta Secombe, and Gary Fisher will also be involved. Even one of our painters, James Thornley, is going to perform two songs that were synonymous with the Vietnam War.



Thank you to the PFA who have organised to sell coffee, tea, muffins and ANZAC biscuits prior to and after the service. Jo Miller in the canteen has certainly made a delicious variety of muffins for you to try. The cost is \$2.00.

ANZAC Day Holiday

There is **NO SCHOOL** on Monday April 25 due to the ANZAC Day holiday. All students in school are invited to take part in the march and attend the wreath laying ceremony in Sunbury. The students need to be in full school uniform and meet myself and other staff members and other staff, outside the railway station for the march beginning at 10am. We will then march to the Memorial area on the Village Green where our School Captains will lay a wreath on behalf of the school. This will take place at approximately 10.15am -10.30am. As this is not an official school excursion parents need to attend the event to ensure their own child's supervision.

Vandalism

Unfortunately over the weekend we were subject to graffiti and vandalism in the playground and on our play equipment. This sort of behaviour is unacceptable and quite disturbing for our students and costly to the school to get this rectified.

The damage was quite specific – DHL stickers stuck all over our play equipment and graffiti including skulls and Mrs Mills name. If you have any information about this incident, please contact the school office without delay. We would also appreciate if our friends and neighbours could continue to be vigilant of people hanging around the school out of hours and over the weekends and to contact police on '000' immediately should you see anything suspicious.

School Photos



SCHOOL PHOTO'S Thursday, May 5th 2016

ONLINE ORDERS - No need to return your form to school.

CASH ORDERS Order forms and cash payments (must be the correct amount) must be received by **Tuesday, 3rd May**. Anyone requiring additional sets of photos, additional order forms can be obtained from the school office.

Forms are child specific, important for those wishing to order online. If the form you have received is not for your child, please return it to your child's class teacher and you will be given the correct form – sorry for any inconvenience caused.

PUPIL OF THE WEEK

Grade	Student	Reason
PREP K	Jack Williams	For excellent effort recalling facts about cows in class discussions
PREP C	Alister McEachran	For always being ready to listen and learn
PREP B	Jai Marshall	For making good choices
1P	Koby Collier	Great work sounding out words
2H	Casey Grose	For a fabulous description of the room she designed for the 52 storey treehouse
2D	Brodie Carton Geordie Smith	For correctly spelling the first 200 M100 Words
3J	Alyssa Denman	For her very creative advertising brochure
3D	Christian Verlaque	For working really hard to learn division
4d	Liam Elliott	For giving all his energy into completing two probes
4H	Christian Carey	For using interesting words in class discussion
5K	Eboney Bentley	For being the only person in the school to go to the next level in Athletics
6O	Laura Hunt	For great work in all areas
SCIENCE	6O	For improved focus and work ethics in Science
ART	Alex Gambera	For working well as a team member in Art
PE	Kody Hughes	For excellent participation and representing the school at interschool Athletics as our youngest competitor

Sunbury Macedon Ranges Specialist School Boost

This week the Premier released the Victorian Government's response to the Program for Students with Disabilities (PSD) Review. The Premier also announced \$20 million in new funding as part of the 2016-17 budget, to better support students with disabilities and additional needs. Congratulations to our colleagues at SMRSS on being awarded a 4 million dollar grant. Jo, Brendan, Rilla and the team work hard to provide an excellent setting for both primary and secondary students who have additional needs.

Sunbury Heights Community Hub

Where everyone counts everyday

MONEY MINDED WORKSHOP

Free workshop with expert training on everyday money matters. Helps people improve financial knowledge, gain control, gain confidence and make informed decisions when using money and managing their money.

In this workshop you will learn:

- Planning and Budgeting
- Saving and spending
- How to set and achieve saving goals
- How to spend and save wisely
- Set up savings for the future

This workshop provides you with all you need to know about money matters.

Wednesday 18th May
SUNBURY Heights Community Hub
10:00-12:00
Free

WEEKLY EVENTS IN THE HUB

Monday's
On the Rise Playgroup (1.00 – 3.00pm)
Grades 3-6 Homework Club (3.15 – 4.00pm)

Thursday's
Breakfast Club (8.00 – 8.40am)

Friday's
Hub Club Playgroup (9.00 – 11.00am)



We value our partnerships with...



Sunbury Downs College
Discovery Night TUESDAY 3 MAY 2016
College Tours & Classroom Displays
6.00pm – 8.30 pm

THE ANGRY BIRDS MOVIE
SUNBURY WEST PRIMARY SCHOOL
ANGRY BIRDS MOVIE NIGHT
FRIDAY 13TH MAY at 6:30PM
READING CINEMAS SUNBURY \$12
Tickets Sunbury West Primary School

Helping kids to cope with anxiousness

The happening of the last week in Sunbury may have resulted in some of our kids being anxious about the events and whether it could happen to them. I thought it may be timely to add Michael Grose' article in the newsletter about strategies that he think may help and how as a parent you can deal with concerns if your child becomes anxious about a particular issue.

For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. "Come on, get on with it," seems so obvious. Of course, this response is nowhere near adequate.

Most kids experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. These thoughts and feelings prompt them to proceed with caution.

But anxiety and fear can be paralyzing. Some kids simply can't stop their 'bad thoughts and feelings'. They can't silence the voice of fear that whispers to them continually.

Anxiety is a normal part of life and can be managed, but it takes time. It's also contagious so it's the job of parents to stay calm, think clearly and role model confidence when kids get anxious.

Calm is created through your words, voice and facial expression. When children become anxious, help them recognise what's happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.

Accept your child's anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It's hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.

Is a child being negative when she doesn't want to join a new club because she thinks no one will like her, or is there something more going on? Try to confirm whether there is any validity in their fears. If not, point out diplomatically, that they may be catastrophising. If you feel there is reason for concern, help them to overcome their anxiety.

Challenge the validity of your child's fears and anxiety, using logic and rational thinking. Don't allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.

Encourage your child to overcome their anxiety through action.

Anxiety is normal, and part of everyday life. However, it can be debilitating unless it's managed. Anxiety management takes time for kids to learn, but it's one of those valuable life skills that parents can teach their kids."

Michael Grose

Students celebrating birthdays this week...

	Evie KING	Liam ELLIOTT	Pearl WAIRAU	Lachlan ROBERTS	Denvar CECATI	Jamielee MALES	Ethan DAVIES
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School Banking

Due to Tuesday being a Curriculum day, School Banking will be on **WEDNESDAY** next week.

Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Sunbury Heights is excited to be participating.

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 9 September 2016.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll. If you would like your child's name to appear on the Honour Roll, please sign & return the form below to your child's teacher:



TERMS AND CONDITIONS

Definitions: *Department* refers to the Victorian Department of Education and Training, *Person* refers to the child/adult listed below in the consent declaration.

1. Privacy Protection

The Department takes its privacy obligations seriously and any personal information collected or used by the Department will be handled in accordance with the *Privacy and Data Protection Act 2014* (Vic). This law sets out what we must do when the Department collects, uses, handles and destroys personal information. Personal information includes personal details such as an individual's name and school that could be used to identify an individual.

2. Collection, use, disclosure and storage of personal information

If you provide your consent your school will collect and disclose your child's first and last name, and the name of the school to the Department. The Department will then:

- Publish your child's name on its online Honour Roll located at: www.education.vic.gov.au/prc at the completion of the Challenge with no other identifying factors such as early childhood setting name.

3. Accuracy, access to information and withdrawal of consent

The Department will endeavour to ensure that any personal information held about your child is up to date and accurate. You can access, correct and withdraw personal information held by the Department by written request in accordance with the Department's Information Privacy Policy located at: <http://www.education.vic.gov.au/Pages/privacypolicy.aspx>

Consent may be withdrawn at any time by writing to the Department's Privacy Unit on: privacy.enquiries@edumail.vic.gov.au.

If you have any questions about this form, or if you need more information, please contact the PRC Challenge Coordinator at the Department readingchallenge@edumail.vic.gov.au or (03) 9637 3624.

Yes, I, consent to my child's name appearing on the 2016 online Honour roll.

Name of child.....

Parent Signature.....