A Message from Kerry Hicks (Business Manager)

Did you know you can pay your school account directly into the school’s bank account? Transferring $5.00 weekly/fortnightly into your account (layby system) really adds up over the year. When excursions, camps, etc come up, the money sitting in your account is then credited off the charge. If you are interested, please contact me.

NEWS AND INFORMATION

Here we are at the beginning of the last term for 2014 and Sunbury Heights continues to shine in so many ways. We have been nominated for a Bank of Melbourne Local Project Award. If we are fortunate enough to win, we will purchase “Buddy Benches” for the school yard. As part of our school’s commitment to ensuring the wider community is cared for, we will also provide buddy benches to our neighbouring schools. Of course we need the community to vote for our school. Please visit bankofmelbourne.com.au/thelocalproject to vote for Sunbury Heights. Please share with your family, friends and work colleagues to help us along the way.

A letter form Nicky Gallus, the Manager of Care Works thanked us for our support with the Community Art Project. Our Art teacher Jennifer Caddaye coordinated the event and the students worked on their tree during art lessons in Term Three. We raised $240.00 for Care Works and our tree was voted in to second place. Care Works, who so generously supports our breakfast program, will use the money to continue to give assistance to those in our community who are doing it tough.

Term Four is a time of celebrations and preparing students for the next stage of their learning. It is busy and exciting and the staff have many wonderful activities planned. The grade ½ area had a cricket clinic today and next week Health and PE Week kicks off.
Health and PE Week 13 -17 October
Miss Ratkowski has organised a week full of terrific activities for Health and PE week. Attached to this week’s newsletter is a timetable of all the before school and lunch time activities that students and families can become involved with. Miss Ratkowski is hoping there may be some rugby parents out there who can help the teachers win the rugby match they are playing against the students next Thursday 16 October.

### Health & PE Week 2014

#### Before school / Recess/ Lunchtime activities

<table>
<thead>
<tr>
<th>Day</th>
<th>Before school</th>
<th>Recess</th>
<th>Lunchtime</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 13th October</td>
<td>Walk or ride to school</td>
<td></td>
<td>Yoga (Multi-Purpose Room)</td>
</tr>
<tr>
<td>Tuesday 14th October</td>
<td>Walk or ride to school 8:30am – totem tennis and bocce at the front of school</td>
<td></td>
<td>Skate &amp; Ride (basketball, netball court)</td>
</tr>
<tr>
<td>Wednesday 15th October</td>
<td>Walk or ride to school</td>
<td></td>
<td>Boxing (Outside room 9)</td>
</tr>
<tr>
<td>Thursday 16th October</td>
<td>Walk or ride to school Breakfast club in the Hub</td>
<td>Jump Off Challenge – skipping (netball courts)</td>
<td>Staff/House Captains Vs. Students Rugby Tag Match (Oval)</td>
</tr>
<tr>
<td>Friday 17th October</td>
<td>Walk or ride to school 8:30am – Zumba in MP room</td>
<td></td>
<td>Basketball Knockout competition</td>
</tr>
</tbody>
</table>

### October Walk to School Month

Get your kids walking to school in October and build healthy habits for life!
A fun, free and easy way for you and your children to get active in October is to join VicHealth’s *Walk to School*. As well as the health benefits, regularly walking to and from school can help develop children’s social skills and knowledge of road safety, and improve their self-confidence and independence.
Parents will also benefit. Getting active as a family will improve everyone’s health. Walking to and from school also means more time to chat with your kids, and gives you a break from traffic congestion.
Visit the *Walk to School* website to check if your child’s school is registered, or register your child online. The campaign kicked off on the first day of Term 4, Monday 6 October, and children are encouraged to walk to and from school every school day in October. Your child can join more than 30,000 students across Victoria as they start building healthy habits for life. [www.walktoschool.vic.gov.au](http://www.walktoschool.vic.gov.au)

### Asbestos Management

To make sure all Victorian schools are safe, the Department operates a comprehensive Asbestos Management Program. During the last holidays the Department employed a qualified specialist to conduct an audit at Sunbury Heights to identify the quality and condition of asbestos in our school building. Asbestos was found in our main building and in some of the portables at the back of the school. The decision the auditors made was to leave the asbestos undisturbed and to put signage to ensure that contractors working in the school were aware of the existence of asbestos and to not undertake work in these rooms without first contacting the office. It is only when asbestos materials are disturbed – typically during demolitions and renovations - that the potential for release of asbestos fibres increases.

**What is asbestos?**

Asbestos is a natural mineral that was used extensively up until the late 1980s in building and consumer products such as:
- thermal insulation
- fibro cement sheeting
- vinyl floor coverings and adhesives
- electrical switchboards
- insulators and fittings
- dozens of types of textiles

Asbestos was phased out from the mid-1980s and eventually banned in 2003 because the fibres were attributed to health risks. According to Victoria’s Chief Health Officer, health risks associated with asbestos-containing materials in good condition or undisturbed are extremely low. All known asbestos in Victorian government schools is considered to be low risk.

### Cricketing Kara

Kara Gifford is one very excited grade six girl. Here is Kara’s account of her successful selection for the Girls Central Highlands Cricket Squad.

“**I’m very lucky to have the opportunity to have one of the selection positions for girls: Central Highlands Cricket Squad, which is 1 of the 7 State Teams. This gives me the chance to work with fantastic cricketers, male and female, on my cricket skills and make friends from all over the Central Highlands region and to have fun. I would like to thank Mr Knight for selecting me as the backup person for the cricket team last year. It put me in the position that I’m in now.**”
Bully Busters State Wide Campaign
We know that students achieve their best at school in safe and supportive environments, where they are free from bullying and disruptive behaviour.

At our school we put a big emphasis on making sure we provide a great environment for our students – one that promotes tolerance and is inclusive, harmonious and free from bullying. The Sunbury Heights Buddy Benches is one of our most recent initiatives that will benefit our students. We can work towards this goal through education in the classroom, intervention in the playground and a focus on promoting positive behaviours.

Bullying is a serious issue for all of us. We know that it can happen anywhere, anytime, and can have devastating consequences. We also know that with the rise of social media, cyberbullying is an increasingly important issue. Where bullying was once confined to the playground, it can now occur online at any time of the day or night.

The best way to tackle bullying and cyberbullying is for schools, students and parents to work together.

Our school is supporting the Bully Stoppers campaign – which has just launched a new series of tools and resources to help parents and students deal with cyberbullying.

These resources, part of Bully Stoppers: Speak Up Against Cyberbullying campaign, are available on the Bully Stoppers website, at www.education.vic.gov.au/bullystoppers

I encourage you to learn more by visiting the website and sharing the commitment to stop bullying and cyberbullying in our school and local community.

Schoolkids Bonus
With EMA being phased out from the beginning of 2015, it is very important that families are aware of other benefits they may be entitled to. The Schoolkids is a federally funded bonus that helps with education costs and is automatically paid in January and July to eligible families. There is no need to make a claim.

From 1 January 2015, eligible families will receive Schoolkids Bonus in:
- 2 instalments of $211 for each child in primary school - a total of $422 each year
- 2 instalments of $421 for each child in secondary school - a total of $842 each year

News from the ARTROOM
The Sunbury Show is on this Saturday October 11th. If you are at the show, be sure to check out the fabulous work of our students in our art display. This will be located in the pavilion. We have also made a Humpty Dumpty scarecrow. The scarecrows are likely to be found with the sheep, alpacas and goats.

Jenny Caddaye (Art teacher)

SCHOOL BANKING
☑️ Remember School Banking is Tuesday
☑️ You can bank as much as you like every week, School Banking is about frequency not value.

☑️ Every time a student makes a deposit at school they receive a silver Dollarmite token. Once they have individually collected 10 tokens they can be redeemed for an exclusive Dollarmite reward item shown below.
☑️ Open your child’s account at The Commonwealth Bank (any branch)
☑️ If your child already has a YOUTHSAVER account at home simply bring that in on banking day and hand to their teacher with their $ safely enclosed inside

2014 Rewards
- Handball
- Scented Pencils
- Penguin and Dolphin Keyrings
- Whale Shark Pencil Case
- Tin Korokopy
- Swimming Bag
- Projector Cup
- Sea Streamers

Any questions please call our local School Banking Specialist;
Rachel Manlio / Rachel.manlio@cba.com.au

Happy Weekly Banking: Marco Zecevic
Banker for the Term 3: Keira Hall-Tuema
**Sunbury Heights Primary School YEARBOOKS for sale.**

Did you miss out on buying a Sunbury Heights Primary School Yearbook? We still have stock available from the last 4 years.

If you would like to buy a yearbook please enclose the correct money in an envelope with students name, grade and the year you would like to buy.

Please refer to the pricing and copies available below.

<table>
<thead>
<tr>
<th>YEAR</th>
<th>Copies available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>26</td>
<td>$5.00 each</td>
</tr>
<tr>
<td>2012</td>
<td>39</td>
<td>$2.00 each</td>
</tr>
<tr>
<td>2011</td>
<td>82</td>
<td>$2.00 each</td>
</tr>
<tr>
<td>2010</td>
<td>66</td>
<td>$2.00 each</td>
</tr>
</tbody>
</table>

**PUPIL OF THE WEEK**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2R</td>
<td>Marcus Stephenson-Irving</td>
<td>For being able to spell 100 MIOW words.</td>
</tr>
<tr>
<td></td>
<td>Aidan Thomas</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Olivia Ballinger</td>
<td></td>
</tr>
<tr>
<td>1/2P</td>
<td>Rayah Giblett</td>
<td>For always trying her best.</td>
</tr>
<tr>
<td>3/4Y</td>
<td>Priya Govender</td>
<td>For always trying her hardest.</td>
</tr>
<tr>
<td>3/4d</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5P</td>
<td>Hannah Watkins</td>
<td>For helping our new student, Sarah, settle into Sunbury Heights.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Thank you Hannah.</td>
</tr>
<tr>
<td>5A</td>
<td>Hunter Brough</td>
<td>For persisting and improving solving long multiplication problems.</td>
</tr>
<tr>
<td>ART</td>
<td>Tara Quigley</td>
<td>For always giving 100% in ART.</td>
</tr>
<tr>
<td>SCIENCE</td>
<td>Kaiden Mitchell</td>
<td>For being extra helpful in Science.</td>
</tr>
</tbody>
</table>

**COMPLETE KIDS**

We are taking expressions of interest for a 3 & 4 year old sessional Kindergarten Program to be run within Sunbury Heights Primary School.

Contact: 03 9740 2111
75 Phillip Drive,
Sunbury 3429
[www.completekids.net](http://www.completekids.net)

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![Foster Care Information Night - Sunbury](image-url)