Green Walks in the park

Free and fun for all

For more information: www.heartfoundation.org.au/greenwalks or call 1300 36 27 87

Woodlands Reserve
Greenvale
28 February 2012
Proudly supported by Hume City Council

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**Green Walks in the Park** is an initiative of the National Heart Foundation of Australia (Victoria) and Bushwalking Victoria, and aims to get more people walking more often in local parks.

Explore new green spaces each month, with guided Green Walks in different parks across Victoria.

The program is a fun and active way to spend time in local parklands and open spaces. Green Walks is free and suitable for all ages.

Walking in green places, especially with others, is a great tonic for your body and mind.

To find out what’s happening in your local park and the Green Walks schedule, visit [www.heartfoundation.org.au/greenwalks](http://www.heartfoundation.org.au/greenwalks) or call 1300 36 27 87.

The Green Walks in the Park program is an initiative of the Heart Foundation and Bushwalking Victoria, with funding from Parks Victoria.

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**Woodlands Historic Reserve – Somerton Road**

**Greenvale** (Melways ref: 178 C6)

**Tuesday 28 February 2012**

Registration at Somerton Road

Picnic Area

**Time:** 10:00am – Registration

10:15am – Walks depart

Two walks are available at each location:

**Walks:**

- **Walk 1** – Approximately 40 minutes (Easy)
- **Walk 2** – Approximately 60 minutes (Moderate)

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