Olympic Greats
At a small school like Sunbury Heights it is uncanny that we would have three ex students who represented Australia at the Olympic level. Susan McCready and Brett Tamburino both competed in the 2004 Olympic Games in Athens. Brett in Softball (the team won a bronze medal) and Susan in shooting. Our grade six sporting scholarships are named in their honour and we have had framed uniforms that they gave us as memorabilia. Last night in London, another of our ex students, Samantha Hamill, competed in the 200 metre backstroke event. Samantha wasn’t successful but she represented her country with pride. A few years back when, still a student at Sunbury Secondary College but still an elite athlete, Samantha presented that year’s School Captains and House Captains with their leadership badges.

Victorian Teacher’s Games
All though not up to Olympic standard, we do have some very athletic staff. If you remember, last year Nicole Langmaid was a gold medal winner in Badminton at the Victorian Teacher’s Games. Once again some members of our staff will be competing. The 17th Victorian Teachers Games will be held in the Grampians Region and centred in and around Ballarat from Sunday 24 September until Wednesday 26 September. Thirty sports and recreational activities are available for participants to choose from. This year our will be competing in The Amazing Race and other individual events.

National Healthy Bones Week 19-25 August
The School will celebrate National Healthy Bones Week 19-25 August. Students across the school will participate in classroom activities that will give them knowledge to ensure their bones are kept healthy and the importance of dairy foods. A parent information sheet has been included with this newsletter. This gives information for parents about nutrition and the need for dairy foods in a growing child’s body. During this week our canteen manager, Jo Miller, will have more dairy-based items for sale. Special additions to the menu will be included next week. Some families may like to go to the website for ideas that you may like to include in lunch boxes and meals at home.

Free Kids Good Health Recipe Book for families
We all know the importance of teaching children about nutrition so they can establish healthy eating habits. It’s also important that this is being supported in the home. Dairy Australia has a free Kids Good Health Recipe Book full of easy, tasty and healthy recipes. Here is the link to the recipe book so families can enjoy the benefits.

dairyaustralia.com.au/kidsneed3
The Ned Show Report
By Alisha Clarke

As Tony introduces himself and Ned, the audience is already engaged. Tony was there to get the message across to primary school aged children what NED stands for.

Tony tells them the story of how they got to Sunbury Heights Primary. NED had a bad attitude this morning, and he was already late for his flight to Victoria. While he was walking his dog, some aliens came and started chasing him, all the way to a Ferris wheel. NED kept on going until he found himself in Paris. Up in the Eiffel tower while NED was eating spaghetti, he spotted the alien and ran all the way to a circus where he found Mrs Mills on a rollercoaster. She said to him that if he made bad decisions, bad things will happen to him. So he decided to be good again, just as the aliens captured him, but soon freed him.

After the story, Tony told us what Ned means. N = never give up, E = encourage others and D = do your best. He even did a poem and rap about it, a rope trick and some yoyo tricks.

Once finished, he explained how Olympians do the same thing to reach their goals as we do. Tony compared us to them, and told us that if you put your mind to it, you can achieve anything. He also told us how much the yoyos were to buy and showed us some tricks you could do with them.

I think that having the same show every year becomes a bit boring, and that they should come up with a different story each tome.

Overall, the tricks and jokes were fantastic, but the story is very repetitive. I wouldn’t see it again if the same story was presented.

Student Safety

Thank you to all parents who reinforced the safe behaviour message to their children about coming to and from school. Please continue to remind your children about walking to and from school with family members and friends. Also remember that there are vacancies at before and after school care. The police have advised me that they are tasked to patrol areas around schools whenever possible.

Read, Read, Read

Congratulations to Illyana Baraci in Mrs Wilson’s grade who has achieved 150 nights of reading! It was a big effort from Illyana’s mum, Sandra. She has been committed to 150 nights of hearing reading as well.

Multiplication

It is important that all students know their times tables. The grade 3 and 4 students are practising and learning their 2, 5, 10, 3 and 4. Students need to know that 2x3=6 3x2=6 6+2=3 6+3=9. This is important for each student to know before they move on to the formal algorithm in grade 5 and 6. Our grade 6 students currently are working on multiplication equations such as 257 x 34. It is important that their table knowledge is automatic so that is one less thing to worry about when they are learning something new.

Regards
Kaye Mills
Principal
PUPIL OF THE WEEK – WEEK ENDING 3rd August 2012

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Xuereb</td>
<td>Ricky Lesoa</td>
<td>For working well in class</td>
</tr>
<tr>
<td>Junior Ross</td>
<td>Skye Price and Kurt Oehms</td>
<td>For a great Effort in writing a report on NED show</td>
</tr>
<tr>
<td>Junior Hill</td>
<td>Isaac Spyrou</td>
<td>For staying focused and on task with his timed writing piece</td>
</tr>
<tr>
<td>Junior Wilson</td>
<td>Joseph Ring</td>
<td>For completing his 2nd sticker reward chart!</td>
</tr>
<tr>
<td>Middle Laing</td>
<td>Angus Oliveri</td>
<td>For his improved comprehension and great vocabulary</td>
</tr>
<tr>
<td>Middle Pianura</td>
<td>Stephanie Williams</td>
<td>For consistently showing the school values, and participating confidently in the group dance</td>
</tr>
<tr>
<td>Senior Langmaid</td>
<td>Matthew Floyd</td>
<td>For his nimble moves during Footsteps</td>
</tr>
<tr>
<td>Senior de Waart</td>
<td>John Bardaris, Daniel &amp; James Penny</td>
<td>For their terrific effort with the vegetable garden over the weekend</td>
</tr>
<tr>
<td>Miss Ratkowski PE</td>
<td>4L</td>
<td>For a co operative session in PE.</td>
</tr>
<tr>
<td>Mrs Caddaye ART</td>
<td>Hannah Watkins</td>
<td>For always being helpful in Art.</td>
</tr>
</tbody>
</table>

SCHOOL BANKING DAY IS TUESDAY

Hi Everyone
The Black Wallet and the Dollarmites Watch are now out of stock.
The following reward items are currently available:
- All Dollarmite Money Boxes
- Dollarmites Drink Bottle
- Dollarmites Lunch Box
- Handball
- Booklight
- Pen Pod
- USB stick available Term 4

HAPPY BIRTHDAY
To the following student to the 4th August:
Sean Knox, Christian Carey and David Walgers

PAVING
A HUGE thank you to several fantastic helpers who paved an area in the vegetable garden. Nathan Abercrombie, James and Daniel Penny’s Dad, Andrew, and John Bardaris turned up on the dot at 9am on Saturday and then went straight to work levelling, screeding, compacting, cutting and laying the pavers in the vegetable garden. The boys wheel barrowed over 100 pavers to the site as well countless barrows of sand. In four hours they converted a harsh site into a beautifully paved area where we will be able teach small groups in a hands-on learning area. Andrew and Nathan wouldn’t cut any corners and ensured the work was completed to a high standard.

We are now looking for a solid bench to use as a potting bench to go with the four-tiered potting stand we have. We also need a solid metal cupboard to store our tools such as hoes, hoses, watering cans and pots. If anyone can help, please contact the Office.

Once again, Andrew and Nathan, the school really appreciated your hard work! If anyone needs a third year brickie’s apprentice or general maintenance, then contact Nathan on 0412 316 745.

Education Maintenance Allowance
Instalment Two
The Education Maintenance Allowance (EMA) is provided to assist eligible families with the costs associated with the education of their children.

Parents and guardians may be eligible for the EMA if they have a valid Centrelink Health Care Card or Pensioner Concession Card.

The second instalment of the Education Maintenance Allowance (EMA) payment is due to be paid into bank accounts from mid August onwards for those parents/guardians who chose the EFT payment option on their application form.

Parents/guardians who chose the cheque payment option will receive their payment from late August/early September.
Parents and guardians who lodged an EMA application at the beginning of the year do not need to lodge another EMA application to receive the second instalment EMA payment.

Parents/guardians whose children have transferred to this school since 29th February 2012 will need to submit a new EMA application form.

Applications close on 3 August 2012.

Contact: School Office for application form and further information

Key Dates:
- Parent applications close - 3 August 2012
- EFT payments - Mid August 2012 onwards
- Cheque payments - Late August / Early September 2012

**CHILD MINDING**
Past parent of Sunbury Heights willing to look after your children in my home during the school day, before and after school and the school holidays. All enquiries call Linda on 0417 135 532

**WOULD YOU LIKE TO BORROW BOOKS FOR YOUR TODDLERS OR SCHOOL AGED CHILDREN?**
Our School Library is open 10 minutes before and after school for Parents/Guardians to come in and borrow books for their children. We even have hard cover books to read to your baby. Just pop into the library and I will join you up.

Bev McIntyre

**WANTED ART ROOM SUPPLIES**
Donation of the following items for use in the art room would be appreciated:
- Freezer bag ties
- Ice cream containers
- Plastic take away food containers

Thankyou
Jenny Caddaye (Art Teacher)

Firstly, due to the success of the campaign thus far, we are extending our program until the 12th August 2012. That's three more weeks to earn valuable stickers for your school.

**Coles Sports for Schools is on again!**
Coles Sports for Schools was a great way to grab some sporting equipment for our school simply by collecting vouchers from your weekly shop at Coles. Please encourage friends and family members to also collect vouchers.

Start collecting your vouchers from Wednesday 13th June – Tuesday 14th August 2012.